



Weekly Classes (September 2026 - June 2027)

MON	Studio 1			Studio 2			SAT	Studio 1			Studio 2		
	5:30pm - 6:30pm	Junior & Intermediate Tap	Ages 7-14	5:30pm - 6:15pm	Adaptive Baton (Para Twirl)	Ages 6+		10:00am - 10:30am	Pre-Dance	Ages 2-4	11:00am - 12:00pm	Baton Twirling	Ages 6+
	6:30pm - 7:30pm	Senior/Adult Musical Theater	Ages 15+	6:30pm - 7:30pm	Junior & Intermediate Jazz	Ages 7 -14		10:30am - 11:00am	Pre-Tap	Ages 2-4	12:00pm - 1:00pm	Adaptive Dance (Technique)	Ages 18+
	7:30pm - 8:30pm	Senior/Adult Tap (Level 2)	Ages 15+	7:30pm - 8:30pm	Senior/Adult Tap (Level 1)	Ages 15+		11:00am - 11:45am	Tiny Hoppers	Ages 5-6	1:00pm - 2:00ppm	Adaptive Dance (Lyrical & Contemporary)	Ages 18+
				8:30pm - 9:30pm	Senior/Adult Jazz	Ages 15+		11:45am - 12:30pm	Tiny Tap	Ages 5-6			
TUE	Studio 1			Studio 2			Sun	Studio 1			Studio 2		
	4:45pm - 5:30pm	Adaptive Lyrical & Contemporary	Ages 6-18	4:30 pm - 5:30pm	Junior & Intermediate Musical Theater	Ages 7-14							
				5:30pm - 6:00pm	Junior Technique	Ages 7-14							
	6:30pm - 7:30pm	Intermediate Lyrical & Contemporary	Ages 11-14	6:00pm - 7:30pm	Junior Ballet	Ages 7-14							
	7:30pm - 8:30pm	Intermediate Hip Hop	Ages 11-14	7:30pm - 9:30pm	Senior / Adult Ballet & Pointe	Ages 15+							
WED	Studio 1			Studio 2			Sun	Studio 1			Studio 2		
	09:30am - 10:15am	Little Steps Together: Parent & Baby Dance	Ages 0-2					10:00am - 10:45am	Tiny Ballet	Ages 5-6	11:00am - 12:00pm	Chair yoga	Ages 18+
	4:45pm - 5:30pm	Adaptive Jazz Funk	Ages 6-18					10:45am - 11:30am	Tiny Jazz	Ages 5-6	12:00pm - 1:00pm	Adaptive Dance (Technique)	Ages 18+
	5:30pm - 6:00pm	Intermediate technique	Ages 11-14	5:30pm - 6:30pm	Junior Hip Hop	Ages 7-10		11:30am- 12:00pm	Tiny Acro (30 minute class)	Ages 5-6	1:00pm - 2:00ppm	Adaptive Dance (Jazz funk)	Ages 18+
	6:00pm - 7:30pm	Intermediate Ballet	Ages 11-14	6:30pm - 7:30pm	Junior Lyrical	Ages 7-10		12:00pm - 12:30pm	Tiny Twirlers (30 min class)	Ages 5-6	2:00pm - 3:30pm	Find your Voice	Ages 7+
	7:30pm - 8:30pm	Senior/ Adult Hip hop	Ages 15 +	7:30pm - 8:30pm	Adult Heels	Ages 18+		1:00pm -1:30pm	Tiny Toes & Grown Ups	Ages 2-4			
			8:30pm - 9:30pm	Senior / Adult Lyrical & Contemporary (Level 2)	Ages 15+	1:30pm - 2:00pm	Gentle Groovers (Sensory-friendly pre-dance class)	Ages 2-5					
THU	Studio 1			Studio 2			Sun	Studio 1			Studio 2		
	4:45pm - 5:30pm	Adaptive Tap	Ages 6+										
				5:30pm - 6:30pm	Senior/Adult Lyrical & Contemporary (Level 1)	Ages 15+							
	7:30pm - 8:30pm	Senior / Adult Variety Drop-in (Level 1)	Ages 15+	7:30pm - 8:30pm	Senior / Adult Variety Drop-in (Level 2)	Ages 15+							
FRI	Studio 1			Studio 2			Sun	Studio 1			Studio 2		
	4:45pm - 5:30pm	Adaptive Ballet	Ages 6+										
	5:30pm - 6:30pm	Junior / Intermediate Stretch & Conditioning	Ages 7-14	5:30pm - 6:30pm									
	6:30pm - 7:30pm	Senior / Adult Stretch & Conditioning	Ages 15+	6:30pm - 7:30pm	Acro Level 1	Ages 7-18							
	7:30pm - 8:30pm			7:30pm - 8:30pm	Adult Acro	Ages 18+							