



Weekly Classes (September 2023 - June 2024)

	MON				SAT	SAT			
	Studio 1		Studio 2			Studio 1		Studio 2	
	5:30pm - 6:30pm			Acro (Level 1&2)	All ages	10:00am - 10:30am	Pre-Ballet	Ages 3-4	Competitive Choreography
	6:30pm - 7:30pm	Senior Tap	Ages 15-20	Junior Ballet	Ages 7-10	10:30am - 11:00am	Pre-Tap	Ages 3-4	
	7:30pm - 8:30pm	Intermediate Ballet	Ages 11-14	Senior Jazz	Ages 15-20	11:00am - 11:45am	Tiny Tappers	Ages 5-6	
	8:30pm - 9:30pm			Senior Ballet	Ages 15-20	11:45am - 12:30pm	Tiny Ballet	Ages 5-6	
	Studio 1		Studio 2		12:30 - 1:15pm	Tiny Jazz	Ages 5-6		
	5:30pm - 6:30pm			Senior Lyrical/Contemporary	Ages 15-20	1:30pm - 2:30pm	Senior & Adult Pointe	Ages 15+	
	6:30pm - 7:30pm			Adult Lyrical/Contemporary	Ages 18+	2:30pm - 3:30pm	Barre Fitness	Ages 15+	
	7:30pm - 8:30pm			Drop -in Yoga (Level 2)	All ages				
	8:30pm - 9:30pm								
	TUE				Sun	Sun			
	Studio 1		Studio 2			Studio 1		Studio 2	
	5:30pm - 6:30pm	Junior/Intermediate Musical Theatre	Ages 7-14	Senior Hip Hop	Ages 15-20	10:00am - 10:30am	Pre-Acro	Ages 3-4	Competitive Choreography
	6:30pm - 7:30pm	Senior Musical Theatre	Ages 15-20	Junior & Intermediate Lyrical	Ages 7-14	10:30am - 11:00am	Pre-Jazz	Ages 3-4	
	7:30pm - 8:30pm			Adult Hip Hop	Ages 18+	11:00am - 11:45am	Tiny Hoppers	Ages 5-6	
	8:30pm - 9:30pm			Adult Variety	Ages 18+	11:45am - 12:30pm	Tiny Acro	Ages 5-6	
	Studio 1		Studio 2		1:00pm - 2:00pm	Low Mobility Ballet	All ages		
	5:30pm - 6:30pm			Drop in Yoga (level 1)	All ages	2:00pm - 3:00pm	Junior Tap	Ages 7-10	
	6:30pm - 7:30pm	Low Mobility Technique	All ages	Technique & Conditioning	All Ages	3:00pm - 4:00pm	Intermediate Tap	Ages 10-14	
	7:30pm - 8:30pm			Adult Ballet	Ages 18+				
	8:30pm - 9:30pm			Adult Jazz	Ages 18+				
	WED				FRI	FRI			
	Studio 1		Studio 2			Studio 1		Studio 2	
	5:30pm - 6:30pm	Junior Hip Hop	Ages 7-10	Intermediate Jazz	Ages 10-14				
	6:30pm - 7:30pm	Intermediate Hip Hop	Ages 11-15	Junior jazz	Ages 7-10				
	7:30pm - 8:30pm			Adult Variety	Ages 18+				
	8:30pm - 9:30pm	Adult Tap	Ages 18+						